

## Instructions for the use of the Elpenhaler®



**Open the storage** compartment, take a single-dose blister strip, and close the compartment again.



**Uncover the mouthpiece** completely by opening the protective cover. Unlock and push the mouthpiece backwards so as to reveal the supporting surface.



Hold the strip with its shiny surface upwards in such a way as to have the blister(s) facing downwards.

**Place the hole of the strip** around the attachment point of the supporting surface by applying light pressure. Make sure the strip is securely attached around the attachment point. The strip guides will guide the strip in the correct position.



Close the mouthpiece and horizontally **pull away the protruding end of the strip**. The dose is now ready to be inhaled, and if the patient so wishes, the mouthpiece can be lifted in order to see the dose contained in the blister.

When inspection of the dose is done, close the mouthpiece, and proceed with the inhalation of the dry powder medication, via standard inhalation technique.



Hold the device away from your mouth and exhale completely. Be careful not to exhale on the mouthpiece of the device. Bring the Elpenhaler® to your mouth and place your lips tightly around the mouthpiece.

**Breathe in slowly and deeply** from your mouth (and not from your nose) until your lungs are full. Hold in your breath for approximately 5 sec or as long as you comfortably can, at the same time removing the device from your mouth. Exhale and continue to breathe normally.



When inhalation of the dose is completed, open the mouthpiece to discard the used strip. By doing so, **visually verify** that you have inhaled all the powder and that the blister(s) of the strip, are empty. Remove the empty strip.